

# KOESTLER ARTS + ART AID

*Hello from Koestler Arts!*

*Koestler Arts + Art Aid sheets suggest creative tasks that can be done in-cell. For most all you need is paper and a pencil - though if you have further materials please use them.*

*The 2022 Koestler Awards deadline has passed (7 April 2022) and Awards results are now available on our website or by request from Koestler Arts.*

*We are continuing to produce Art Aid sheets on a monthly basis in the hope that they will continue to inspire you to be creative. For each Art Aid sheet Koestler Arts are commissioning an artist/writer who has directly engaged with Koestler to set a creative task.*

*New Art Aid sheets will be available from the first Monday of every month.*

## **September 2022**

*This task was set by Koestler Award winner, exhibited artist and former mentee, Ghost13, whose story we shared in our January 2022 Art Aid sheet.*

### **Introduction**

When I was inside I used to love nothing more than receiving mail from my loved ones (alongside phone calls and visits).

The joy of connecting and corresponding goes both ways, with loved ones on the 'out' equally looking forward to letters from their family members, friends and partners in prison.

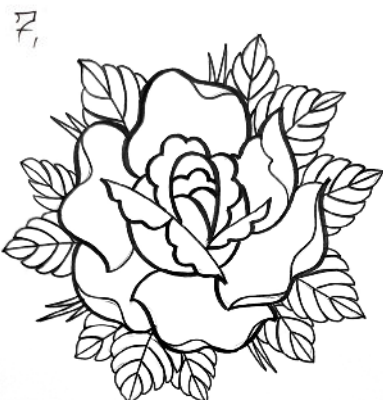
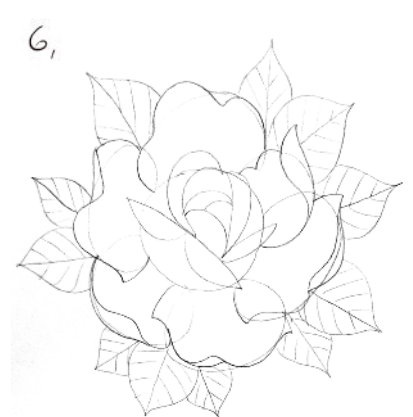
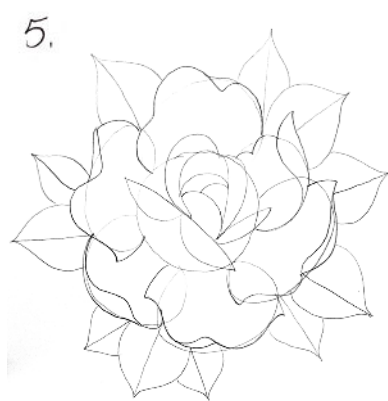
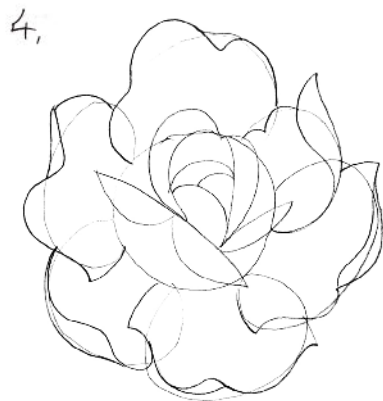
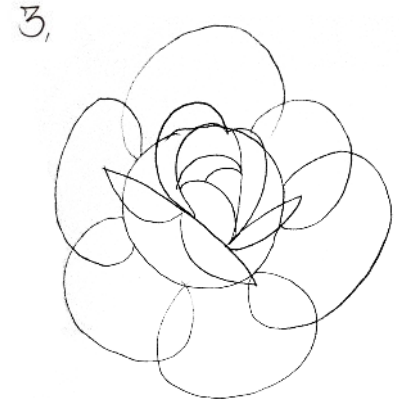
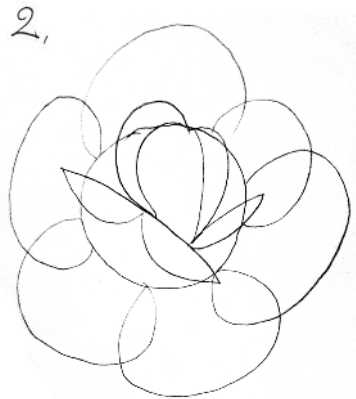
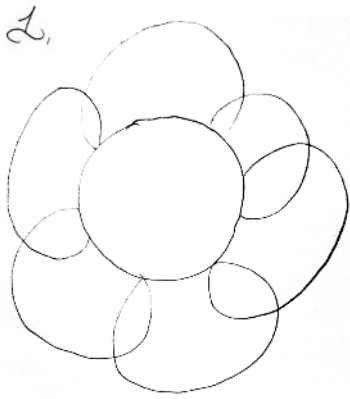
Drawing helped me get through my sentence and helped pass my time. I used to make drawings to mail out to my supporters and traded drawings for other prisoners to mail out to their families.

Finding yourself imprisoned maintaining contact with loved ones is invaluable. Through their letters, calls and visits they can provide such a lift. So in your next mail out to someone special, why not send something hand drawn to say thanks for their support.



All images courtesy of Ghost13.

For this Koestler Art Aid Sheet I have provided a step by step guide to follow for drawing a traditional tattoo style rose. Sketch it in lightly in pencil first (stages 1-6) so you can rub out any lines you don't want once you've outlined it in pen (stage 7).



Maybe draw it as a card with a message inside or perhaps add it as a drawing to your next letter to brighten someone's day.